

SUNRIDER®

Welcome to your
DAILY WELLNESS PACK!

Nourish + Balance = Cleanse

It's time to start your journey to a healthier lifestyle and revitalize your body from the inside out. Sunrider's Daily Wellness Pack nourishes your body with wholesome herbs on a daily basis and supports your body's miraculous renewal process. The Sunrider® products in this pack are based on a simple yet powerful idea that blends Traditional Chinese Medicine with advanced science. We call it our Philosophy of Regeneration®. When you nourish your body with only the finest natural ingredients and cleanse it of harmful waste and by-products, you bring your body into balance.

A balanced, healthy body takes time to achieve so we encourage you to try this program for at least one month. You'll start feeling healthier and more awake and energized to take on your day. We recommend you eat or drink at least one packet a day of each product and use SunBreeze® as needed. For faster results, you can eat or drink two packets a day of each product.

Visit our website at www.sunrider.com for more information about our products or reach out to us on social media. We're here to support you on your journey to a healthier you!



NUPLUS®

Go beyond spinach and kale with our highly concentrated powerhouse powder. NuPlus® fills your nutritional gaps with essential micronutrients, vitamins, prebiotics, amino acids, omega-3s, bioflavonoids, and antioxidants. It's naturally delicious without added fats, sweeteners, or sugars—and absolutely no sugar crash. Mix it in or sprinkle it on to boost and balance your daily nutrition, at home or on the go.

How to use:

Mix it with 6–8 fl. oz. of water, juice, or Sunrider® beverages like Sunrider VitaFruit® or Fortune Delight®. Sprinkle it over cereal or oatmeal, add it to smoothies, or even eat it right from the packet.

VITADOPHILUS®

Balance your microbiome and support your gut health, immunity, and metabolism.* Our proprietary probiotic is formulated with a protective apple pectin coating that insulates it from harsh stomach acids to ensure fast-acting, maximum nutrient absorption. Each serving supplies at least 20 million live culture bacteria (lactobacillus acidophilus) to protect your body against harmful bacteria. VitaDophilus® even helps displace non-beneficial microorganisms that can cause bloating and discomfort.* It's an easy, effective way to boost your overall health—tastes delicious, too!

How to use:

Eat as is, sprinkle on, or mix with foods or beverages daily.

SUNBREEZE® OIL & BALM

Soothe sore muscles, stimulate circulation, and refresh your senses with this balancing balm and oil. Infused with natural essential oils and an ultra-concentrated blend of nature's best botanicals, SunBreeze® is the perfect match for stress, tension, overworked muscles, and stiff, aching joints. Simply massage into your neck, temples, or anywhere on your body for instant relief and a refreshing burst of aromatherapy.

How to use:

Gently massage into your sore muscles and aching joints. Rub a few drops into your palms and breathe deeply for relaxing aromatherapy.

FORTUNE DELIGHT®

Skip the energy drinks. Fortune Delight® delivers healthy hydration without sugar, fat, and added caffeine—and the crash that follows. This "super tea" packs four times the concentration of vital nutrients and antioxidants found in traditional green tea to cleanse, nourish, and energize your body. Just 10 calories in every delicious cup, it's beverage bliss.

How to use:

Mix one 3g packet with 8 fl. oz. (240 mL) of hot or cold water.

QUINARY®

This concentrated, complex blend combines five bestselling Sunrider formulas into one "super supplement." Infused with almost 50 Chinese herbs like powerful Chinese yam, Chinese white flower, dandelion root, and licorice root, Quinary® brings your body's immune, circulatory, digestive, endocrine, and respiratory systems into balance.* It's the ultimate foundation for optimal health and vitality.

How to use:

Swallow one capsule or mix one powder package with 8 fl. oz. (240 mL) of water or your favorite beverage at mealtimes.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.