

## Which Sunrider Shake is Right for You?

Sunrider offers 4 different shakes.

**NuPlus®**– Made from whole-food ingredients (including Chinese Yam, Fox Nut, Lotus Root and Soy Protein) it supplies complex carbohydrates and an array of easily absorbable nutrients. NuPlus® is formulated with herbal ingredients that are naturally low in calories, fat, and cholesterol, making it a great way to round out a meal or a smart way to satisfy snack-time cravings. NuPlus® contains no added sweeteners, so you can avoid a sugar crash.

**VitaShake®** – Made with the same base ingredients as NuPlus®, VitaShake® is also formulated with coix fruit, a powerful antioxidant, and fructooligosaccharide (FOS), a prebiotic soluble-fiber carbohydrate that supports the growth of beneficial bacteria. Healthy carbs and GMO-free soy protein further bolster VitaShake’s nutritional profile.

**SunFit® Protein Plus** – Similar in base ingredients to both NuPlus® and VitaShake®, each serving of SunFit®Protein Plus also provides 20 grams of easy-to-digest complete protein. Our 100% vegan formula nourishes the body with a balanced blend of essential nutrients from whole foods, plus ample protein (rice and pea protein) to fuel muscles, support energy, and aid recovery. No added sugar, dairy, artificial sweeteners, or chemical additives, makes it ideal for health and fitness enthusiasts.

**SunTrim™ Shake** – Sunrider has developed this shake specifically to help us with weight loss. Rich in flavor and nutrients, SunTrim™ Shake helps you control your hunger for hours and feel fuller with its exclusive blend of plant-based proteins and herbal ingredients. And unlike most diet shakes, it doesn’t leave you feeling bloated or weighed down. 100% vegan, this exclusive formula supplies the power of concentrated whole foods to fuel your body with complete protein, vitamins, minerals, and complex carbs. Key ingredients include **PEA PROTEIN** (A plant protein that contains all nine of the essential amino acids—including branched-chain amino acids (BCAAs)—that help you to effectively build muscle), **LYCIUM BERRIES** (This fruit is an excellent source of body-cleansing antioxidants, vitamins A, C, and E, and more than 30 essential and trace minerals) and **GARCINIA FRUIT** (A natural source of hydroxycitric acid (HCA), this fruit is known to help control appetite and support a healthy metabolism. Garcinia has been used safely for centuries in Southeast Asia to make meals more filling.)