

# SunBar®

## THE ULTIMATE ENERGY BAR

SunBar® is not only soft, moist, and delicious, it provides balanced nutrition from concentrated herbs and whole foods. No empty calories here, just real food that does your body good. Coix fruit, asparagus root, and Chinese yam deliver nutritional punch, and an expert blend of almonds, wheat germ oil, macadamia nuts, and soybean oil provides an array of healthful fatty acids.

SunBar® also supports a heart-healthy diet. According to the U.S. Food & Drug Administration (FDA), diets low in saturated fat and cholesterol that include 25 grams of soy protein a day may reduce the risk

of heart disease. One serving of SunBar® provides 7 grams of soy protein and 4 grams of fibre, making this a treat you can feel good about eating.

SunBar® is also lower in sugar compared with most other energy bars, so you won't get a spike in blood sugar and the subsequent "crash." Its nutrient-dense formulation is packed with vitamins, antioxidants, phytonutrients, and complex carbohydrates for sustained energy. Perfect for school lunch, your backpack, gym bag, or brief case — it's an ideal food for an active lifestyle.



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