



## Product Fact Sheet

# SportCaps®



OWNER EXPERTISE  
FORMULATION



SELF-MANUFACTURED



MADE WITH NATURAL  
INGREDIENTS



KOSHER CERTIFIED



HALAL CERTIFIED

### BENEFITS

- Supports athletic performance
- Supports energy levels
- Supports endurance and stamina
- Speeds up recovery time
- No added stimulants

### PEAK PERFORMANCE, SPEEDY RECOVERY

Athletes and active people are most concerned with physical stamina and endurance, as those are key to achieving peak performance. SportCaps® are designed to address those concerns.

SportCaps® supplements contain a concentrated blend of herbs formulated by owner expertise to support athletic or other forms of strenuous activity. Our exclusive formula contains all-natural energizers without any chemical and synthetic additives. Designed to support stamina and endurance and reduce stress, SportCaps® are great for athletes and anyone with an active lifestyle.

### PHILOSOPHY OF REGENERATION®

Sunrider SportCaps® were developed using the Philosophy of Regeneration®—the belief that we should nourish and cleanse the body with the best nutrition to reach balance, and thus optimal health. Our bodies are designed to recognize whole foods as nourishment, which is why Sunrider uses natural ingredients in SportCaps® instead of synthetic ingredients and artificially processed foods. SportCaps® nourish the body with ginseng, bee pollen, and other natural ingredients to support performance, without added caffeine or stimulants that can lead to a crash.

### INGREDIENT HIGHLIGHTS

#### BEE POLLEN

This superfood is considered one of nature's most completely nourishing foods, containing vitamins, minerals, carbohydrates, lipids, and protein. The range of nutrients found in bee pollen makes it a great natural energizer.

#### CASSIA TORA

Cassia has cleansing properties and supports a healthy cardiovascular system.

#### CHINESE KNOT GRASS ROOT

Also known as polygonum, this plant supports the removal of uric and lactic acid, compounds that cause muscle pain and stiffness. It's also a very good source of antioxidants.

#### GINSENG

This perennial plant is traditionally used to support energy, cardiovascular health; metabolism efficiency; and adrenal health.

### FAQS

**Q:** What are the benefits of cardiovascular exercise?

**A:** Cardiovascular exercise, or "cardio," is any exercise that raises the heart rate. Cardio strengthens the muscles around your heart, improving circulation and the development of red blood cells. 30–60 minutes of moderate to intense cardio, three to four times a week, is suggested to help lower the risk of heart disease, obesity, and other serious illnesses

### RECOMMENDATION

Take five capsules three times a day as desired.

#### Sunrider Australia

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